



USING SOAP

Find a time and place where you can focus on spending time with God. Get your Bible, a pen, and a journal to write in.

SCRIPTURE: *A passage has been provided for you. God wants to give you encouragement, direction, and discipline as you read.*

OBSERVATION: *Write down what is happening in the passage, who the key people are, and what God is doing in their lives.*

APPLICATION: *Write down how you will be different today because of what you've read.*

PRAYER: *Take a moment to pray. You'll find a prayer prompt on each day's study to focus your prayer.*

JOURNAL DAY ONE :: **Philippians 4:4-13**

BACKGROUND: In writing to the church in Philippi, Paul closes his letter with key instructions on Christian living.

OBSERVATION:

APPLICATION:

PRAYER:

God, help me to daily turn to You in prayer! When I am full of anxiety, help me to pray. When my circumstances become unbearable, give me courage to find strength in You.

JOURNAL DAY TWO :: **John 15:1-17**

BACKGROUND: The night before Jesus died on the cross, Jesus took a moment while walking with His disciples to teach them about the importance of bearing fruit as His followers.

OBSERVATION:

APPLICATION:

PRAYER:

Jesus, help me to stay grounded and connected to You. I want people to take notice of the fact that I have a deep and personal relationship with You. Use my life to make You known in this world!

JOURNAL DAY THREE :: **1 John 2:3-11**

BACKGROUND: A basic to Christian living is following the example that Jesus set for us. As we understand who Jesus was and how He lived, we find a pattern for our interaction with others.

OBSERVATION:

APPLICATION:

PRAYER:

Holy Spirit, change and make me more like Jesus Christ. Search my heart and rid me of hatred so I can embrace love for others

JOURNAL DAY FOUR :: Romans 12:1-8

BACKGROUND: When a person becomes a follower of Christ, they are given spiritual gifts for advancing God's name in the world. Christian living requires that we use the gifts as an act of worship.

OBSERVATION:

APPLICATION:

PRAYER:

God, help me to use my gifts, talents, and abilities to bring honor to You! Any way, any how, God, take all that You have created me to be and use me as Your messenger!

JOURNAL DAY FIVE :: 1 Peter 1:13-25

BACKGROUND: Pursuing the disciplines of Christian living means that we separate ourselves from the way that we used to live.

OBSERVATION:

APPLICATION:

PRAYER:

Help my life to look different from others, God, as a result of knowing You. Help me to abandon the old ways I used to live. You have given me the opportunity to be born again! Allow me a fresh start in this life!

JOURNAL DAY SIX :: 1 John 3:16-18

BACKGROUND: When we embrace practical Christian living it should change the way that we see the poor and the needy in this life.

OBSERVATION:

APPLICATION:

PRAYER:

God, help me to see the needs of others, and move me to action. Move me beyond feelings of sympathy or compassion into truly caring and making a difference in this world.

SOAP VERSE :: 1 John 2:6

“Whoever claims to live in Him must live as Jesus did.”

