



LIVINGFREE



WEDNESDAY NIGHTS

6:30 SERVICE | 7:30 GROUPS

RIVERSIDE CAMPUS
WORSHIP CENTER

6440 COORS BLVD. NW 87120



TAKE ONE, GIVE ONE

We all have pain, loss, or destructive behaviors that affect us. Living Free is a Christ-centered ministry to help you find support, hope, and healing. Take this card with you, or pass it on to someone who needs help.

At **6:30PM** we begin with music and a message or testimony. At **7:30PM** we have optional support groups available to help you with a specific area. Our support groups are important in helping with accountability as you move forward.

We offer care and classroom programming for kids from 6 weeks to 11 years of age while you attend service and group.



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COMMUNITY CHURCH®

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SUPPORT GROUPS

ADDICTION OPEN SHARE

(groups divided by age and gender)
Confidential AA/NA style group for anyone struggling with alcohol, drugs, gambling, or other destructive behavior.

CODEPENDENCY

For those who have watched an addiction affect a loved one. Learn what to do and what not to do so that your loved one can begin recovery.

GRIEF SHARE

Helps guide through the loss of a loved one.

MEN/WOMEN 12-STEP

An in-depth working of the Life Recovery twelve steps, from a Christ-centered approach with "one day at a time" living. These classes are offered starting in January and July.

FOR MEN ONLY

For men struggling with pornography.

PARTNERS

For women whose husbands have sexual struggles.

WE ALSO HAVE ADDITIONAL GROUPS THROUGHOUT THE YEAR. [HERE IS A LIST OF OTHER CURRENT GROUPS.](#)

MARCH 2015

BLENDED FAMILIES

Learn practical solutions to the issues that blended families face. Solve the everyday struggles of step parenting and step children relationships. Starts April 8 (8 weeks)

BALANCED - FINANCE CLASS

Learn how to gain and maintain financial stability, getting out of debt and how to write a budget. What does it mean to be financially balanced? Come and discover God's plan for your finances. Starts April 8 (6 weeks)

SAFE PEOPLE

This group will help you restructure your approach to relationships. Put an end to getting burned and start enjoying the healthy, balanced relationship that everyone wants and needs. Starts April 8 (12 weeks)

STRESS AND ANXIETY

This group will help you understand the difference between healthy and unhealthy anxiety. You will also learn tools, both clinically and biblically, to help you move forward in health and victory. Starts March 25 (6 weeks)

CLEAN

Every man is born into sexual war. This group is a proven plan for men committed to sexual integrity and purity. Starts March 25 (8 weeks)

WOUNDED HEART WOMENS

Hope for adult victims of childhood sexual abuse. This support group will offer guidance in the midst of the confusion, and show that there is hope for the wounded heart. Starts March 25 (12 weeks)

DIVORCE CARE

Divorce is a painful experience that will affect individuals and children. If you have been divorced or are considering divorce, this group will help you walk through that process and get counsel from God's word. Starts April 8 (12 weeks)

MEN'S ANGER

Understand and realize how unmet needs and other emotions can influence anger. Find healthy ways to express and control anger. Starts April 8 (12 weeks)

CHRONIC ILLNESS

Why do we have to go through pain and suffering? Does God care? If God is loving, then why is there suffering? If you have asked these questions, then this is the place for you. Find hope and comfort here. Starts April 8 (8 weeks)

DEPRESSION

This group will educate you on the nature, causes, and treatment of depression using biblical truth. Starts May 6 (7 weeks)