



USING SOAP

Week 1

Find a time and place where you can focus on spending time with God. Get your Bible, a pen, and a journal to write in.

- SCRIPTURE:** *A passage has been provided for you. God wants to give you encouragement, direction, and discipline as you read.*
- OBSERVATION:** *Write down what is happening in the passage, who the key people are, and what God is doing in their lives.*
- APPLICATION:** *Write down how you will be different today because of what you've read.*
- PRAYER:** *Take a moment to pray. You'll find a prayer prompt on each day's study to focus your prayer.*

JOURNAL DAY ONE :: Isaiah 55:8-11

BACKGROUND: The nation of Israel has lived in the ghetto of Tel Aviv in captivity for years, and now God promises to deliver them.

OBSERVATION:

APPLICATION:

PRAYER:

Lord, help me to see that Your plans are greater than mine. Show me how to be a light in this world for You.

JOURNAL DAY TWO :: James 4:13-17

BACKGROUND: James, the half brother of Jesus, writes an apt letter of both challenge and rebuke to the early church.

OBSERVATION:

APPLICATION:

PRAYER:

Father, today let my plans be Your plans. Let my ways groove with Your ways. May You be honored in all that I do.

JOURNAL DAY THREE :: Hebrews 3: 1-6

BACKGROUND: The author of Hebrews writes to a group of Jews who are questioning their faith in tough times.

OBSERVATION:

APPLICATION:

PRAYER:

Today, LORD, help me to fix my eyes on Your Son Jesus. During my struggles help me to see His great work in my life.

JOURNAL DAY FOUR :: Proverbs 16:1-4

BACKGROUND: This selection of Proverbs falls in middle of the bulk of the writings of the wisest man who ever lived, Solomon.

OBSERVATION:

APPLICATION:

PRAYER: Father, help me to see Your plans over my plans. I long to submit my life to Your leading.

JOURNAL DAY FIVE :: Psalm 96

BACKGROUND: In this psalm King David had just commissioned a worship team for the tabernacle, and in writing this, calls all nations to praise the one true God.

OBSERVATION:

APPLICATION:

PRAYER: Lord, help me to praise You and help others know You.

JOURNAL DAY SIX :: Jeremiah 10: 6-10

BACKGROUND: The prophet Jeremiah prepares the nation of Israel for the tough days ahead. However, he reminds them that those who submit to the Lord are His forever.

OBSERVATION:

APPLICATION:

PRAYER: Lord help me to honor You through all that I do today. Your ways are always better than the ways of foolish men.

SOAP VERSE :: Jeremiah 30:17

"I will restore you to health and heal your wounds," declares the Lord.





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Week 2

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JOURNAL DAY ONE :: Genesis 33

BACKGROUND: Jacob and Esau meet after years of separation and betrayal by the younger brother.

OBSERVATION:

APPLICATION:

PRAYER:

Lord, help me to forgive those who have wronged me. My reaction is not dependent on their acceptance.

JOURNAL DAY TWO :: Romans 12: 14-21

BACKGROUND: Here Paul the author of Romans, and ex-persecutor of the church, speaks to the early church on how to treat those who have wronged us.

OBSERVATION:

APPLICATION:

PRAYER:

Father, give me the strength to forgive and treat those who have hurt me with Your love.

JOURNAL DAY THREE :: Mark 11: 20-26

BACKGROUND: Earlier in Mark's Gospel, Peter saw Jesus pass judgment on this fruitless tree. The significance can not be lost that fig trees bear fruit before they produce leaves. While the tree looked pretty the fruit was absent.

OBSERVATION:

APPLICATION:

PRAYER:

Today, LORD, change my heart so that I produce fruit. Please, Lord do not allow me to look the part; instead, let me draw close to Your everlasting love.

JOURNAL DAY FOUR :: Colossians 3:12-14

BACKGROUND: The Author of Colossians dedicates this section to “how to live in Christ-centered community.”

OBSERVATION:

APPLICATION:

PRAYER:

I long, Lord, to make my ways Your ways. Help me today to wear Your commands proudly and love people the way You love me.

JOURNAL DAY FIVE :: Proverbs 15

BACKGROUND: In this section of Proverbs (chapters 10-31) we find principles for living a life of wisdom.

OBSERVATION:

APPLICATION:

PRAYER:

Lord, help me to listen to Your wise words and apply them to my life.

JOURNAL DAY SIX :: Matthew 18:21-35

BACKGROUND: Jesus speaks to Peter about the boundless forgiveness we should offer those who hurt us.

OBSERVATION:

APPLICATION:

PRAYER:

Lord help me to honor You by forgiving those who have hurt me. Please, give me people in my life who will stand by me, because they stand with You.

SOAP VERSE :: Proverbs 25:21-22

“If your enemies are hungry, give them food to eat. If they are thirsty, give them something to drink. By doing those things, you will pile up burning coals on their heads.”





Week 3

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JOURNAL DAY ONE :: Psalms 103:12

BACKGROUND: In this short verse the Psalmist reveals in tangible terms how God separates us from our sin.

OBSERVATION:

APPLICATION:

PRAYER:

Lord, I confess my sins. You know them all, but I thank you for your total forgiveness.

JOURNAL DAY TWO :: Ephesians 2:1-6

BACKGROUND: Paul, formally Saul the persecutor of the church, gives an explanation of our old wants and how God has forgiven each of us.

OBSERVATION:

APPLICATION:

PRAYER:

Father, thank you for changing my heart. Today I want to say, "thank you" for changing me from the inside out. Thank you, for making me a new person.

JOURNAL DAY THREE :: James 4:10

BACKGROUND: The half brother of Jesus, James, writes that we should humble ourselves before the Lord. Even Jesus' brother realized his deity and the need to give him all of us.

OBSERVATION:

APPLICATION:

PRAYER:

Jesus, help me today to worship You by giving You the parts of me that I am having trouble letting go of...I want to live a life that shows others who You are, the one true God!

JOURNAL DAY FOUR :: Romans 3:22-24

BACKGROUND: Paul explains that everyone has sinned. We are all guilty, but Jesus' sacrifice on the cross brings us to a new place of restoration.

OBSERVATION:

APPLICATION:

PRAYER:

God, thank you for sending Your son to die on a cross, so that, I can live forever with You. Forgiven and loved.

JOURNAL DAY FIVE :: Psalm 32

BACKGROUND: King David, was called a man after God's own heart, was guilty of murder, adultery, lying, and a continued laundry list of sins. However, he writes how blessed we are to be forgiven by the Lord.

OBSERVATION:

APPLICATION:

PRAYER:

God, today I give You my sins. Give me a new vision for my life to "know Christ and make him known" for the rest of my days on Earth.

JOURNAL DAY SIX :: James 1:17

BACKGROUND: James, continues to explain that God does not change. We should rejoice, that once God forgives us, he does not change his mind.

OBSERVATION:

APPLICATION:

PRAYER:

Father, help me to remember that You are the same today as You were yesterday. You are the same God who sent Your Son to die on a cross for my sins. The same God who sent someone to share the good news of salvation. The same God who will give me strength to live today for Your glory.

SOAP VERSE :: Philippians 3:13

"Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead."

